

**I’M A PHOENIX, BITCH**

Photos: Christa Holka

**BRYONY KIMMINGS** | **UK**

**I’M A PHOENIX, BITCH**



# BRYONY KIMMINGS | UK

DRAMA THEATRE SYDNEY OPERA HOUSE 14–17 JANUARY

80 MINS

# Conceived, written and performed by

Bryony Kimmings

**Directors** Kirsty Housley and Bryony Kimmings

**Producer** Philippa Barr

**Art Director** David Curtis-Ring

**Projection Designer** Will Duke

**Projection Design Associate** Hayley Egan

**Composer** Tom Parkinson

**Sound Designer** Lewis Gibson **Lighting Designer** Johanne Jensen **Dramaturgical Support** Nina Steiger **Creative Associate** Michal Keyamo

**Choreography & Rehearsal Direction** Sarah Blanc

**Makeup Design** Guy Common

**Design Assistants** Katherine Millar, Alice Winzar, Abel Oberon and Ian Cy

**Costume Assistant** Alan Meggs

**Senior Producer Consultant** Judith Dimant

**Production Manager** Helen Mugridge

# Technical Stage Manager/Video & Sound Operator

Froud

**Additional Video & Sound 0peration** Mike Bignell

**Assistant Producer** Becky Plotnek **Additional Technical Support** Beth O’Leary **Lighting Operator** James Smellie

**Lighting Programmer** Emma Henderson

**ABOUT THE SHOW**

Following an extended run at Battersea Arts Centre, a sell-out run at the 2019 Edinburgh Festival Fringe

and an Offies 2019 Award win, Bryony Kimmings brings the critically acclaimed *I’m a Phoenix, Bitch* to

Sydney Opera House.

Kimmings weaves a powerful, dark and joyful masterpiece about motherhood, heartbreak and finding inner strength. *I’m a Phoenix, Bitch* combines ethereal music, personal stories, epic film and feats of human strength.

Ever sunk so deep you felt like you might never make it up for air?

In 2016, Bryony nearly drowned. Postnatal breakdowns, an imploding relationship and an extremely sick child left her sitting beneath the waves hoping she could slowly turn to shell.

Four years later and she is able to deal with life again, but wears the scars of that year like a dark and heavy cloak. Who do we become after trauma? How do we turn pain into power? How do we fly instead of drown?

We will need new myths to survive the end of existence as we know it. Tonight a new legend will be created; that of the invincible and fearless woman; a tale Bryony wishes she had known from birth.

**BRYONY KIMMINGS**

Inspired by the taboos, stigmas, anomalies and social injustices around her, Kimmings creates mind-blowing, multi-platform art works to provoke change.

The work centres around outlandish ‘social experiments’ that Kimmings conducts with genuine genius, intrigue and wholehearted fearless gusto. The artist sets her sights

on the impossible and unconquerable, and turns the unspeakable into the year’s hottest topic.

**THANKS**

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