

# **SYDFFEST 19**

**Aerialize Workshops**

**Sydney Festival**

**Riverside Theatres**

**Social Story**



Welcome to Riverside Theatres in  
Paramatta



This is the building that the Aerialize  
Workshops will be held in.



Here are the doors to get into Riverside.  
They will slide open for you.

When you go inside you will go into the foyer.



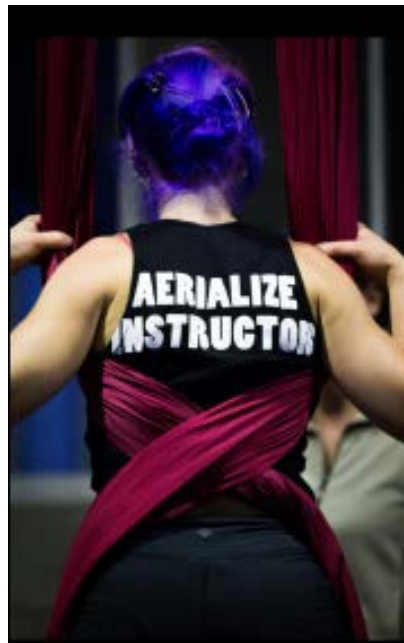
Inside are 3 different toilets one "Male", one "Female" and one for people who use wheelchairs.

The Aerialize workshops will be outside  
in the courtyard



The courtyard will be set up as a Circus  
play space

The Aerialize teachers will be wearing these shirts. They will be helping you and keeping you safe



Before we begin, we will do some warm up stretches together to get ready



There will be many fun new skills to try today. Here are some of them



Hula hoops



Juggling balls

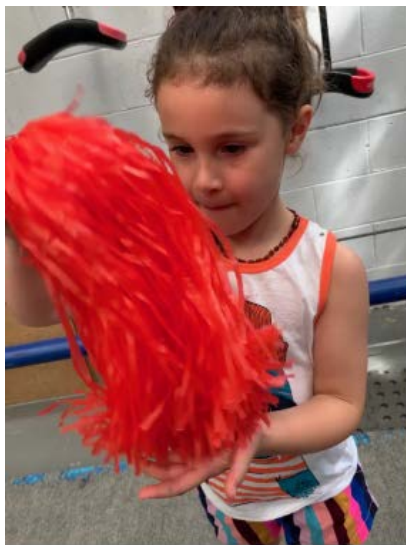


Colourful ribbons



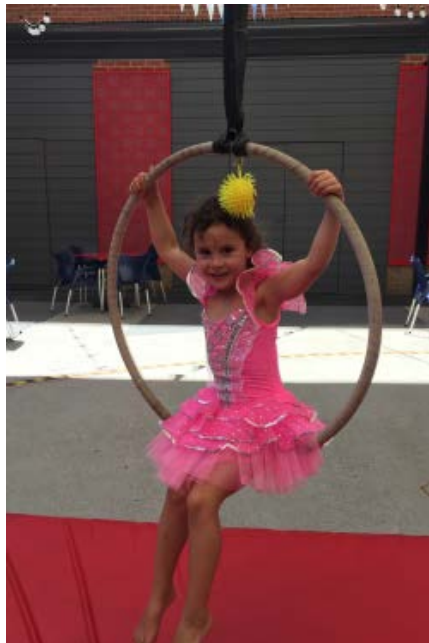
## Spinning plates

There are also toys to touch and play with that have lots of different textures, and a tunnel to crawl through!





If you like, we can help you have a go hanging, sitting or climbing on our aerial equipment - the Silks, Trapeze and the Ring



Before the workshop finishes there will be some warm down stretches and you can rest after all the fun



Give everything a go, but if you don't feel comfortable on something that is ok. There is plenty to do or you can just watch!



Thanks for hanging around with us at Aerialize!